#### Withycombe Raleigh **C of E Primary School**



Mrs Emma Jones, Headteacher Withycombe Village Road Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397 email: admin@wrpschool.org website: wrpschool.org

#### Date: 16th May 2025

#### **News from your Headteacher**

Well done to all of our Year 6 pupils who have been participating in SATs this week. The children have taken the assessments in their stride, and most have even quite enjoyed the experience. I have to admit that some of the questions on the papers have been challenging. Thank you to all the staff who came in early to provide children with breakfast before the tests. The children seemed to enjoy having breakfast together (and chatting) before the start of the school day and we feel that this 'social' breakfast helps to relax the children before the assessments.

SATs results will be shared with parents on the annual reports which will be sent home on 18th July. Teachers are starting to compile reports at the moment and all children will receive a report on the 18th July. Our school report contains details of your child's attainment and progress this year.



lovely event which is always really well supported by all our families. This year, Sports Day will be held on Thursday 19th June (weather permitting). If you haven't attended a Withycombe Sports Day before, please read the information post in detail; it can seem a bit complicated, especially if you have children in both KS1 and KS2!

Further reminders will be sent out nearer the time. A full-sized copy of this information is at the back of this newsletter, and has also been shared on our Facebook page and the Home Connect page of the school website. There's also information about another calendar highlight - Withyfest!

Minds



Happy

Caring Hearts

We are really keen to support Junior Parkrun and following the success of our 'Withycombe take over' in January, we thought it would be fun to have a big Withycombe contingent again before the summer break. This Sunday 18th May we would like to invite as many of our families as possible to join some of our school staff at the 9am Parkrun. It will hopefully be a lovely, sunny morning and we can enjoy a short run together before enjoying the rest of our weekend! We hope that some of the children may be inspired to make the Sunday run a regular part of their weekend!

#### Remember - we look forward to seeing you at Phear Park on Sunday 18th at 8.40am!

Have a lovely weekend, Mrs. E Jones



#### **Mental Health Awareness Week**

This week was Mental Health Awareness week - the theme this year was 'Community'. The Mental Health Foundation (MHF) states that being part of a safe, positive community is vital for our mental health. We thrive when we have strong connections with other people and that communities provide a sense of belonging, safety, support and purpose.

Here are 10 ways to get involved with your community. (And if you are looking for a group to join – the PTFA would love to have you!)





From book club to art class, Swifties to gamers, volunteer groups to shooting hoops – community is good for our mental health. They help us to belong, feel supported, and have purpose. Here are ten ways to get involved with your

community and boost your mental health.



1. MAKE IT FUN Choose an activity you enjoy. You could join a club or group centred around your interests.

2. GET OUTDOORS Get out and moving in nature for more mental health benefits.



#### 3. FIND LIKE-MINDED PEOPLE Build connections with people who share your interests and values. But try to also meet people who are different from you, too.

4. SHOW KINDNESS TO OTHERS Connect with your community through small acts of kindness, which will benefit both you and others.









5. SHOW YOUR APPRECIATION Sharing a compliment or showing appreciation can strengthen your relationships.



6. CONNECT ONLINE Find others who share similar experiences or interests online. Remember, healthy online communities should make you feel safe and valued



7. GIVE BACK Helping others is a great way to build community and give you purpose.



8. CARE FOR YOUR LOCAL COMMUNITY Increase your sense of belonging by getting involved in your local community,





10. FIND PEER SUPPORT IF YOU'RE STRUGGLING Connect with others going through similar experiences through peer support groups.

9. WELCOME OTHERS

Make new people joining your community feel welcome and



included.

Learn more about community and mental health. MENTALHEALTH.ORG.UK/MHAW #THISISMYCOMMUNITY



#### MHAs present a new Wellbeing Leaflet Board

The school MHAs worked with Mrs L Jones last term on making a Wellbeing Leaflet Board for Year 5, like we have in year 6. Last week they presented the board to Avocet, Sandpiper and Lapwing classes and explained the range of leaflets available to pupils eg. Making Friends, Resilience, Sleep and Managing Worry.

Pictured here are Skye and Alistair with the new Wellbeing Board.

#### **Sports & Achievements**



Frankie from Oak Class won the Under 9s 'Legacy' award at Exmouth Rugby Club this season in honour of Charlie, a little Cockle who sadly passed away last year.



Livi from Hedgehog Class completed her ultra marathon (50th) junior park run and achieved her personal best time! Well done Livi!



Henry in Ladybird Class got his certificate from the library for reading 50 books!



Alice in Sandpiper Class came third in a National Trampolining Competition!



Left: Charlotte in Kingfisher Class competed in the South West Regional Championships held at Millfield School and Hengrove, Bristol. Charlotte managed to qualify for 4 events. She had to compete in a combined 11 and 12 age catergory and was up against the best swimmers in the South West. Charlotte made it to the finals in the 100m and 200m backstroke where the top 8 swimmers race for a medal position. She was the only 11 year old to make the finals and came in 8th and 7th respectively. She also came 10th in the 200m fly and 12th in the 50m backstroke.



## School Sports Day Thursday 19<sup>th</sup> June 2025

#### Timetable for the day

8:50am	Everyone:	Registration in class as usual
9:00am	KS2:	Walk to Withycombe Rugby Club
9:15am	KS2:	Sports Events begin
12:10pm	Everyone:	Picnic Lunch on the School Field
1pm	Everyone:	Registration in class as usual
1:20pm	EYFS/KS1:	Sports Challenges begin



#### KS2 Sports Day Guide

Events will begin at approximately 9.15am at Withycombe Rugby Club. Children take part in a series of physical activities as a class. This will be followed by track races: relays, and individual sprints. Children will walk back to school in time for the family picnic. Families are warmly welcomed to come along and watch from the sidelines.

Please note, there will be no parking allowed at the club. Please be considerate of residents when parking.

#### Family picnic on the school field - 12.10pm until 1pm

You may bring picnic blankets and/or fold-up chairs if you wish. Please no alcoholic beverages.

#### 1pm = time to clear the field so the afternoon events can be set up! Please move your picnic blankets/chairs to the outer boundaries of the field.

#### Foundation & KS1 Guide

The KS1 Sports Challenge begins at 1.20pm on the School Field. This will be a series of physical competitive and non-competitive activities. Children will wear school PE kit, with badges provided on the day to show their House Colour.

- Please send your children to school with their own <u>clearly labelled picnic lunch</u>. (This is so they have lunch available in case we have to cancel at short notice due to poor weather)
- Please ensure that your child has a <u>labelled water bottle</u>.
- All children should come to school wearing their PE kit for the day.
- KS2 pupils will be asked to wear a coloured T-shirt to show their allocated House (further details to follow).
- All children should have sun cream applied before school, and wear a sun hat.
- We are not providing school dinners on Sports Day\*. We expect that children will want to join their family for a picnic lunch on the field, but if your KS2 child is entitled to a free school meal, the kitchen can provide your child with a packed lunch on request.

#### The PTFA will be selling refreshments – remember to bring some cash!

\*Please return this slip to the school office by Monday 9<sup>th</sup> June if your child requires a school packed lunch.

Parent/Carer name ...... Signed......



#### **ACTIVITES**

- Inflatables
- Football
- Dodgeball
- Basketball
- Nature adventure
- Arts & Crafts
- Board games

**FIND US** 

Outdoor Activities

- the second

Fun Active Engaging Develop Social & Life Skills

BOOK

ONLINE

WWW.PEBBLE.COM







Wildcats Exmouth is run by Phase Football Academy, a brilliant programme supported by The FA, designed to inspire young girls aged 5–11 to get involved in football for the very first time.

Wildcats sessions are all about fun, friendship, and trying something new – they're welcoming, non-competitive, and tailored specifically for girls who may have never kicked a ball before, or who aren't part of a team yet.

Sessions are proudly run by local people who have either grown up in Exmouth themselves, or are now raising their own children here. We're passionate about giving back to the community and helping young people in Exmouth discover a lifelong love of sport.

Head to <u>www.englandfootball.com/wildcats</u> for more information or to book a session.

# WITHYFEST

GETTING READY FOR

## FRIDAY 4TH JULY 2025

The PTFA would really appreciate donations for some Withyfest stalls.

## TEDDY & TOY DONATIONS

We welcome donations of unwanted teddies and toys for the tombola



## DONATIONS IN EXCHANGE FOR

Muftiday





DONATIONS Donations of wine, soft drinks and other bottles for the bottle tombola would be fab!

Please ensure all donations are placed in the box located outside the main reception, anytime before Withyfest. Its a mufti day on Friday 4<sup>th</sup> July in exchange for an item to go on the hoopla stall.

Examples included: A packet of biscuits, a bottle of drink, a tube of crisps, a bottle of bubble bath, anything that will fit under the hoopla!!

Please bring your donation with you, the morning of Withyfest.

Volunteers needed!!

Sign up via QR code



ATTERTIS.

Volunteers needed!! Sign up via QR code



Friday 4<sup>th</sup> July 3:15pm – 5:30pm

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SCHOOL FIELD WITHYCOMBE RALEIGH PRIMARY SCHOOL

Free Entry!!

Tokens will



# JOIN US FOR LOTS OF FUN!

- LD Active inflatables
  - Face painting ·
  - glitter tattoos •
- Pocket money shop
- Second hand uniform
  - Sweet & snack shop
    - Bottle tombola ·
      - $\cdot$  Splat the rat  $\cdot$
      - Hook a duck ·
        - Ice cream ·

and much more!

be available via parent pay, closer to the date

## A LICENSED BAR & HOT FOOD WILL ALSO BE AVAILABLE!!\*

\*Card payments and tokens will be accepted at the bar & hot food hatch