

Withycombe Raleigh Primary School - Lunch Menu September 2026

WEEK 1

Allergens	Monday
3,5,7	Salmon Fishcakes, Peas & Beans
3,8	Vegan Meatballs & Pasta
3,4,5	Tuna Wrap
3,9	Fruit Flapjack
	Tuesday
6	Chicken Korma, Rice & Veg
3	Quorn Sausage & Pasta
6	Jacket Potato, Cheese & Beans
3,6	Jam Sponge & Custard
	Wednesday
Wednesday's Roast Dinners are served with Yorkshire Puddings, Crispy Roast Potatoes, a choice of Fresh Veg, and Gravy	
1,3,4,6,8	Roast Chicken & Fresh Veg
1,3,4,6,8	Quorn Roast
3,6	Cheese Sandwich
-	Jelly & Fruit
	Thursday
3,11	Hot Dog, Baked Beans, Mixed Veg
3,6	Cauliflower Cheese & Baguette
3,4	Egg Roll
6	Mousse
	Friday
3	Chicken Breast Nuggets, Chips, Peas
3,8	Quorn Hot Dog
3,6	Cheese Pasta
6	Ice Cream

WEEK 2

Allergens	Monday
3,11	Meatballs, Pasta, Green Beans
8	Sweet & Sour Quorn & Rice
3,6	Cheese Sandwich
3,9	Fruit Flapjack
	Tuesday
-	Beef Chilli Nachos & Mixed Veg
3,6	Broccoli & Pasta Bake
4,5,6	Jacket Potato, Cheese and/or Tuna
6	Mousse
	Wednesday
1,3,4,6,8	Roast Turkey & Fresh Veg
1,3,4,6,8	Quorn Roast
3,4,5	Tuna Wrap
-	Jelly & Fruit
	Thursday
3,6	Chicken & Veg Pie & Mash
3	Quorn Bolognese & Pasta
3,6	Hot Cheese Bagel
3,6	Apple Crumble & Custard
	Friday
3,5	Cod Fish Fingers, Chips, Peas
3,8	Quorn Nuggets, Chips, Peas
3,6	Cheese Roll
3,6	Arctic Roll

WEEK 3

Allergens	Monday
1,11	Roasted Sausage & Veg Bake
3,8	Quorn Dog & Veg
3,11	Ham Sandwich
3,9	Fruit Flapjack
	Tuesday
6	Yorkshire Pudding Cottage Pie, Veg
3	Chilled Tomato Pasta
6	Jacket Potato, Cheese, Beans
3	Chocolate Cookie
	Wednesday
1,3,4,6,8,11	Roast Gammon & Fresh Veg
1,3,4,6,8	Quorn Roast
3,4	Egg Sandwich
6	Mousse
	Thursday
3,6,11	Cheese & Ham Pizza, Baked Beans, Veg
3,6	Cheese & Tomato Pinwheels
3,4,5	Tuna Wrap
-	Jelly & Fruit
	Friday
3,5	Fish & Chips, Beans & Peas
8	Quorn Burger & Chips
3,6	Cheese Pasta
6	Rice Krispie Cake

Key to Allergen Information. Note, we are a **nut-free school** so nuts are not part of this key.

Please speak to the Kitchen Manager for more information or for any other dietary clarification. Sometimes an allergen may be avoided (eg if only in gravy or mayo).

1.		2.		3.		4.		5.		6.		7.		8.		9.		10.	
	Celery		Crustaceans		Wheat		Egg		Fish		Milk		Mustard		Soya		Sulphur Dioxide		Sesame

11, Additional information - recipe includes Pork/Ham/Bacon/Gammon products. Where shown in brackets (11) this is an optional part of the meal.

Available every day: Seasonal vegetables, salad bar and wholemeal bread (10). Fresh fruit and yoghurt (6) available as additional dessert options daily.

Main meal = red band

Vegetarian option = green band

* 'Chilled' option = blue band