

# Withycombe Raleigh Primary School - Lunch Menu January 2026

## WEEK 1

Allergens	Monday
6	Chicken Korma, Rice & Mixed Veg
3,8,10	Quorn Hot Dogs
3,4	Egg Sandwich
3,9	Fruit Flapjack

## WEEK 2

Allergens	Monday
3,11	Meatballs & Pasta, Green Beans, S'corn
6	Vegetable Korma & Rice
6	Jacket Potato with Cheese and/or Beans
3,9	Fruit Flapjack

## WEEK 3

Allergens	Monday
3,6	Cheese & Tomato Pizza, Broccoli, Beans
3	Sweet & Sour Quorn & Rice
3,11	Ham Roll
3,9	Fruit Flapjack

### Tuesday

3,11	Sausages, Pasta, Baked Beans/Broccoli
3,8	Quorn Bolognaise & Pasta
4,5,6	Jacket Potato with Tuna and/or Cheese
3,6	Custard Cookies

### Tuesday

3	Chicken Fajitas with Tortilla Wraps
3,4	Cheese & Tomato Pinwheels
3,4	Cheese Sandwich
-	Jelly

### Tuesday

3	Spaghetti Bolognaise, Carrots S'corn
6	Cauliflower Cheese
5,6	Jacket Potato with Tuna and/or Cheese
3,4	Marble Sponge Cake

### Wednesday

**Wednesday's Roast Dinners are served with Yorkshire Puddings, Crispy Roast Potatoes, a choice of Fresh Veg, and Gravy**

1,3,4,6,8	Roast Chicken Dinner
1,3,4,6,8	Roast Quorn Dinner
3,6	Cheese Roll
-	Jelly

### Wednesday

1,3,4,6,8	Roast Turkey Dinner
1,3,4,6,8	Roast Quorn Dinner
3,4,5	Tuna Wrap
-	Mousse

### Wednesday

1,3,4,6,8	Roast Gammon Dinner
1,3,4,6,8	Roast Quorn Dinner
3,4	Egg Sandwich
6	Mousse

### Thursday

-	Beef Bolognese & Nachos, Peas & S'corn
3,6	Tomato & Mozzarella Penne Pasta
3,11	Ham Wrap
3,6	Jam Sponge & Custard

### Thursday

3,11	Hot Dog in a Roll with Peas and Beans
3,6	Macaroni Cheese
3	Turkey Sandwich
3,6	Chocolate Krispie Cake

### Thursday

3,5,7	Salmon & Potato Cakes, Beans & Carrots
3,6	Vegetable Lasagne
6	Jacket Potato with Cheese and/or Beans
3	Chocolate Cookies

### Friday

3,5	Cod Fish Fingers, Chips & Beans
3,4,6	Veggie Burger & Chips
3,6,11	Cheese & Ham Pasta
6	Ice Cream

### Friday

3,5	Fish & Chips, Peas and Beans
3	Quorn Nuggets & Chips
3,6	Pasta & Cheese
3,4,6,8	Arctic Roll

### Friday

3,11	Sausage & Chips, Peas & Beans
3	Quorn Sausage & Chips, Peas & Beans
3,5	Tuna Wrap
6	Ice Cream

**Key to Allergen Information. Note, we are a **nut-free school** so nuts are not part of this key.**

Please speak to the Kitchen Manager for more information or for any other dietary clarification. Sometimes an allergen may be avoided (eg if only in gravy or mayo).

1.		2.		3.		4.		5.		6.		7.		8.		9.		10.	
Celery	Crustaceans	Wheat		Egg		Fish		Milk		Mustard		Soya		Sulphur Dioxide		Sesame			

11. Additional information - recipe includes Pork/Ham/Bacon/Gammon products. Where shown in brackets (11) this is an optional part of the meal.

Available every day: Seasonal vegetables, salad bar and wholemeal bread (10). Fresh fruit and yoghurt (6) available as additional dessert options daily.

Main meal = red band

Vegetarian option = green band

\* 'Chilled' option = blue band