

Withycombe Raleigh Primary School - Lunch Menu January 2026

WEEK 1

Allergens	Monday
6	Chicken Korma, Rice & Mixed Veg
3,8,10	Quorn Hot Dogs
3,4	Egg Sandwich
3,9	Fruit Flapjack
	Tuesday
3,11	Sausages, Pasta, Baked Beans/Broccoli
3,8	Quorn Bolognese & Pasta
4,5,6	Jacket Potato with Tuna and/or Cheese
3,6	Custard Cookies
	Wednesday
Wednesday's Roast Dinners are served with Yorkshire Puddings, Crispy Roast Potatoes, a choice of Fresh Veg, and Gravy	
1,3,4,6,8	Roast Chicken Dinner
1,3,4,6,8	Roast Quorn Dinner
3,6	Cheese Roll
-	Jelly
	Thursday
-	Beef Bolognese & Nachos, Peas & S'corn
3,6	Tomato & Mozzarella Penne Pasta
3,11	Ham Wrap
3,6	Jam Sponge & Custard
	Friday
3,5	Cod Fish Fingers, Chips & Beans
3,4,6	Veggie Burger & Chips
3,6,11	Cheese & Ham Pasta
6	Ice Cream

WEEK 2











Allergens	Monday
3,11	Meatballs & Pasta, Green Beans, S'corn
6	Vegetable Korma & Rice
6	Jacket Potato with Cheese and/or Beans
3,9	Fruit Flapjack
	Tuesday
3	Chicken Fajitas with Tortilla Wraps
3,4	Cheese & Tomato Pinwheels
3,4	Cheese Sandwich
-	Jelly
	Wednesday
1,3,4,6,8	Roast Turkey Dinner
1,3,4,6,8	Roast Quorn Dinner
3,4,5	Tuna Wrap
-	Mousse
	Thursday
3,11	Hot Dog in a Roll with Peas and Beans
3,6	Macaroni Cheese
3	Turkey Sandwich
3,6	Chocolate Krispie Cake
	Friday
3,5	Fish & Chips, Peas and Beans
3	Quorn Nuggets & Chips
3,6	Pasta & Cheese
3,4,6,8	Arctic Roll

WEEK 3

Allergens	Monday
3,6	Cheese & Tomato Pizza, Broccoli, Beans
3	Sweet & Sour Quorn & Rice
3,11	Ham Roll
3,9	Fruit Flapjack
	Tuesday
3	Spaghetti Bolognese, Carrots S'corn
6	Cauliflower Cheese
5,6	Jacket Potato with Tuna and/or Cheese
3,4	Marble Sponge Cake
	Wednesday
1,3,4,6,8	Roast Gammon Dinner
1,3,4,6,8	Roast Quorn Dinner
3,4	Egg Sandwich
6	Mousse
	Thursday
3,5,7	Salmon & Potato Cakes, Beans & Carrots
3,6	Vegetable Lasagne
6	Jacket Potato with Cheese and/or Beans
3	Chocolate Cookies
	Friday
3,11	Sausage & Chips, Peas & Beans
3	Quorn Sausage & Chips, Peas & Beans
3,5	Tuna Wrap
6	Ice Cream

Key to Allergen Information. Note, we are a **nut-free school** so nuts are not part of this key.

Please speak to the Kitchen Manager for more information or for any other dietary clarification. Sometimes an allergen may be avoided (eg if only in gravy or mayo).

1.		2.		3.		4.		5.		6.		7.		8.		9.		10.	
	Celery		Crustaceans		Wheat		Egg		Fish		Milk		Mustard		Soya		Sulphur Dioxide		Sesame

11, Additional information - recipe includes Pork/Ham/Bacon/Gammon products. Where shown in brackets (11) this is an optional part of the meal.

Available every day: Seasonal vegetables, salad bar and wholemeal bread (10). Fresh fruit and yoghurt (6) available as additional dessert options daily.

Main meal = red band

Vegetarian option = green band

* 'Chilled' option = blue band