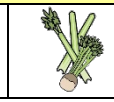
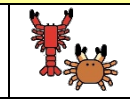
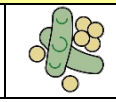
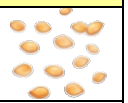
Effective 03/09//2026

Withycombe Raleigh Primary School - Lunch Menu September 2026

WEEK 1		WEEK 2		WEEK 3	
Allergens	**Monday**	Allergens	**Monday**	Allergens	**Monday**
3,5,7	Salmon Fishcakes, Peas & Beans	3,11	Meatballs, Pasta, Green Beans	1,11	Roasted Sausage & Veg Bake
3,8	Vegan Meatballs & Pasta	8	Sweet & Sour Quorn & Rice	3,8	Quorn Dog & Veg
3,4,5	Tuna Wrap	3,6	Cheese Sandwich	3,11	Ham Sandwich
3,9	Fruit Flapjack	3,9	Fruit Flapjack	3,9	Fruit Flapjack
	Tuesday		**Tuesday**		**Tuesday**
6	Chicken Korma, Rice & Veg	-	Beef Chilli Nachos & Mixed Veg	6	Yorkshire Pudding Cottage Pie, Veg
3	Quorn Sausage & Pasta	3,6	Broccoli & Pasta Bake	3	Chilled Tomato Pasta
6	Jacket Potato, Cheese & Beans	4,5,6	Jacket Potato, Cheese and/or Tuna	6	Jacket Potato, Cheese, Beans
3,6	Jam Sponge & Custard	6	Mousse	3	Chocolate Cookie
	Wednesday		**Wednesday**		**Wednesday**
Wednesday's Roast Dinners are served with Yorkshire Puddings, Crispy Roast Potatoes, a choice of Fresh Veg, and Gravy					
1,3,4,6,8	Roast Chicken & Fresh Veg	1,3,4,6,8	Roast Turkey & Fresh Veg	1,3,4,6,8,11	Roast Gammon & Fresh Veg
1,3,4,6,8	Quorn Roast	1,3,4,6,8	Quorn Roast	1,3,4,6,8	Quorn Roast
3,6	Cheese Sandwich	3,4,5	Tuna Wrap	3,4	Egg Sandwich
-	Jelly & Fruit	-	Jelly & Fruit	6	Mousse
	Thursday		**Thursday**		**Thursday**
3,11	Hot Dog, Baked Beans, Mixed Veg	1,3,6	Chicken & Veg Pie & Mash	3,6,11	Cheese & Ham Pizza, Baked Beans, Veg
3,6	Cauliflower Cheese & Baguette	3,4	Quorn Bolognaise & Pasta	3,6	Cheese & Tomato Pinwheels
3,4	Egg Roll	3,6	Hot Cheese Bagel	3,4,5	Tuna Wrap
6	Mousse	3,6	Apple Crumble & Custard	-	Jelly & Fruit
	Friday		**Friday**		**Friday**
1,3	Chicken Breast Nuggets, Chips, Peas	3,5	Cod Fish Fingers, Chips, Peas	3,5	Fish & Chips, Beans & Peas
3,8	Quorn Hot Dog	3,8	Quorn Nuggets, Chips, Peas	4,8	Quorn Burger & Chips
3,6	Cheese Pasta	3,6	Cheese Roll	3,6	Cheese Pasta
6	Ice Cream	3,6	Arctic Roll	6	Rice Krispie Cake

Key to Allergen Information. Note, we are a **nut-free school** so nuts are not part of this key.
Please speak to the Kitchen Manager for more information or for any other dietary clarification. Sometimes an allergen may be avoided (eg if only in gravy or mayo).

1.		2.		3.		4.		5.		6.		7.		8.		9.		10.	
Celery		Crustaceans		Wheat		Egg		Fish		Milk		Mustard		Soya		Sulpher Dioxide		Sesame	

11, Additional information - recipe includes Pork/Ham/Bacon/Gammon products. Where shown in brackets (11) this is an optional part of the meal.

Available every day: Seasonal vegetables, salad bar and wholemeal bread (10). Fresh fruit and yoghurt (6) available as additional dessert options daily.

Main meal = red band

Vegetarian option = green band

* 'Chilled' option = blue band