

Withycombe Raleigh Primary School - Lunch Menu April 2025





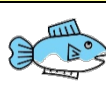





WEEK 1

WEEK 2

WEEK 3

Allergens	Monday	Allergens	Monday	Allergens	Monday
3,5,7	Salmon Fishcakes, Sweetcorn, Baked Beans	3,11	Mediterranean Meatballs & Pasta	-	Sweet & Sour Chicken with Rice
3,8,10	Quorn Hotdogs	3,4	Quorn Veggie Noodles	6	Vegetable Tikka with Rice
6	Jacket Potato, Cheese and/or Beans	6	Egg Roll	3,11	Ham Wrap
3,9	Flapjack	3,6	Banana Cake & Custard	3,9	Flapjack
Tuesday		Tuesday		Tuesday	
3,4,6,8,9,11	Sausage Roll, Baked/Green Beans	3	Beef & Tomato Nachos & Rice	3,5	Cod Fish Fingers, Potato Wedges
3	Chilled Tomato Pasta	6	Cauliflower Cheese	3,6	Macaroni Cheese
3,11	Egg & Mayo Sandwich	4,5	Jacket Potato with Cheese/Tuna	3,6	Cheese & Tomato Pinwheels
6	Mousse	6	Mousse	3,4,6	Marble Sponge, Chocolate Custard
Wednesday		Wednesday		Wednesday	
<i>Wednesday's Roast Dinners are served with Yorkshire Puddings, Crispy Roast Potatoes, a choice of Fresh Vegetables, and Gravy</i>					
1,3,4,6,8	Roast Chicken, Fresh Veg	1,3,4,6,8,11	Roast Gammon, Fresh Veg	1,3,4,6,8	Roast Turkey, Fresh Veg
1,3,4,5,8	Quorn Roast, Fresh Veg	1,3,4,5,8	Quorn Roast, Fresh Veg	1,3,4,5,8	Quorn Roast, Fresh Veg
3,6	Cheese Roll	3,6	Cheese Sandwich	3,4,5	Tuna Wrap
6,9	Ice Cream	-	Fruit Jelly	-	Fruit Jelly
Thursday		Thursday		Thursday	
-	Cottage Pie	3,4,6,11	Cheese & Ham Quiche	3,6,11	Ham & Tomato Pizza
3,6	Cheese & Tomato Pizza	3,6	Tomato & Mozzarella Bake	3,4	Quorn Bolognaise & Pasta
3,4,5	Tuna Wrap	3,11	Ham Roll	6	Jacket Potato, Cheese/Beans
-	Fruit Jelly	-	Fresh Melon	3,4	Lemon Drizzle Cake
Friday		Friday		Friday	
3,5	Fish and Chips, Peas/Beans	1,3	Chicken Nuggets, Chips	3,11	Sausage & Chips
3,4,6	Quorn Burger, Chips, Peas/Beans	3	Quorn Sausage & Chips	3	Quorn Nuggets & Chips
3,6	Chilled Cheesy Pasta	3,4,5	Tuna Wrap	3,4	Egg Roll
3,6,9	Chocolate Krispie Cake	3	Chocolate Cookie	6	Ice Cream

Main meal = red band
Vegetarian option = green band
* 'Chilled' option = blue band
Option includes salad bar/veg/bread

Key to Allergen Information. Note, we are a nut-free school so nuts are not part of this key																			
Please speak to the Kitchen Manager for more information or for any other dietary clarification. Sometimes an allergen may be avoided (eg if only in gravy or mayo).																			
1.		2.		3.		4.		5.		6.		7.		8.		9.		10.	
	Celery		Crustaceans		Wheat		Egg		Fish		Milk		Mustard		Soya		Sulphur Dioxide		Sesame

11, Additional information - recipe includes Pork/Ham/Bacon/Gammon products. Where shown in brackets (11) this is an optional part of the meal.

Seasonal vegetables, salad bar and wholemeal bread (10) available daily. Fresh fruit and yoghurt (6) available as additional dessert options daily.