

# Weekly School News Roundup

**Withycombe Raleigh  
C of E Primary  
School**

31<sup>st</sup> January 2025



Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)

## News from your Headteacher

It's been another lovely, busy week in school with lots of exciting learning going on inside the classroom and also in our fantastic outdoor environment. Members of the Senior Leadership Team are fortunate to be able to regularly visit classrooms and to witness first-hand the children learning. Children at Withycombe are keen and enthusiastic learners and it is always a pleasure to be a part of their lessons. Visitors often comment on the very positive learning behaviours of the children in the classrooms.

We hope that you will be able to meet with your child's class teacher during the week beginning 10th February and that you will be able to get a flavour of what your child has been doing this term. These meetings are a really important part of the school year and a chance for parents to find out about the progress children are making and the areas of the curriculum in which they need to develop or focus on. We prefer that children do not attend the parents' evening, if possible, to enable staff to have an open and honest conversation with parents. Please feel free to spend some time outside the classroom looking at your child's exercise books and taking some time to celebrate what they have achieved.

### Social Media

We understand that social media is a part of most people's lives and that Facebook etc is a great way to share what children and families are doing with family and friends, near and far. As a school we currently allow parents and carers to take photographs during school events like nativity plays or sports day as we know how important it is to have these memories for the future. A reminder though that when sharing images associated with WRPS, **please only upload photographs to social media of your own child**. If you wish to share photographs of groups of children from WRPS, please ensure you have permission from the parents of **all** the children seen in the photograph. We have several children in our school whose parents/carers do not wish their image to be shared online in any circumstance.

Have a lovely weekend  
Mrs. E Jones



*\*top tip : If there are other children in a photo which you would like to share, you can use photo-editing apps (which are free and pre-installed on most phones/tablets) to remove them. The simplest thing to do is crop them out, but if they're still in frame you can either remove whole backgrounds, or just certain people/objects in the photo. If you have an iPhone with ios18 there's a new 'cleanup' tool which makes this really easy, or Google Photos has 'magic erase' (there are others too). It means you can share/celebrate your own child's photos without invading the privacy or safeguarding needs of others.*



*Examples : Zach can't be in any photos which are shared online. He's in foster care and has particular safeguarding needs, but this is confidential so all his carer can say is 'no thank you' when I ask if I can share this photo on Facebook. I still want to post the photo of my own children though, so first I'll remove Zach. The photo editing tool on my phone was quick and it's so clever you can't even tell Zach was ever in it.*

*If you're not sure how to do this, there are lots of tutorials on YouTube!*



Growing

Happy

Caring

Hearts

and

Minds



# Weekly School News Roundup

## Wellbeing

Next week is Children's Mental Health Week – and we're on the map!

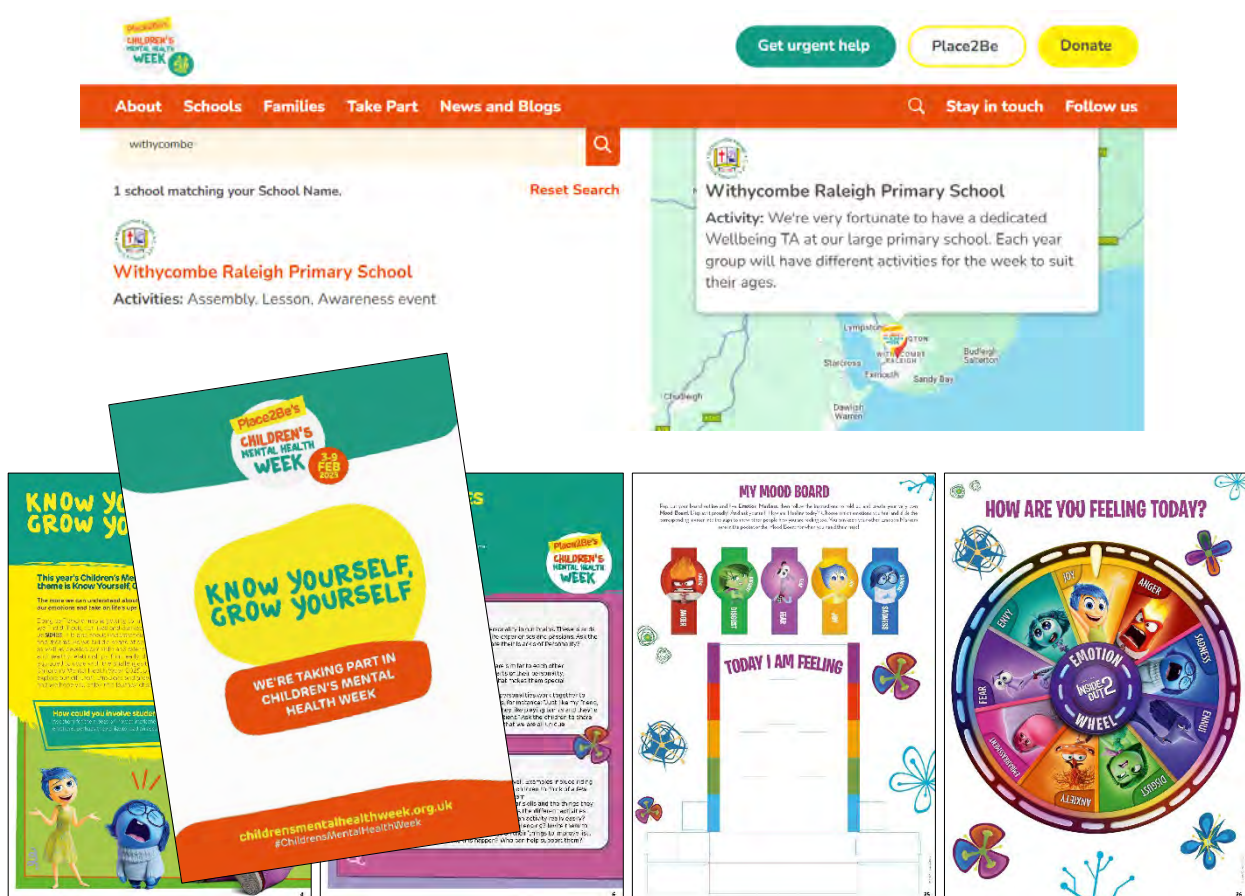
**KNOW YOURSELF,  
GROW YOURSELF**

We're very fortunate at Withycombe Raleigh Primary School as we have a dedicated Wellbeing TA, helping us to make children's mental health a priority every day of the school year. Next week Mrs L Jones will be sharing resources with our class teachers so they can participate in the 'Know Yourself, Grow Yourself' theme.

There are also resources available for families on the Place2Be website:

<https://www.childrensmentalhealthweek.org.uk/families/>

Take some time to have a look at what's available and select resources or activities which will work for your family. You could extend some of this into half term, for example there is an art activity which encourages children to learn more about themselves by imagining a plant in growth. It starts off by inviting children to reflect on the roots of their identity, what is important to them, and what helps them grow. They will then think about what is growing from these roots, as with greater understanding of oneself also comes an increased capacity for personal growth, resilience, and connection with others.



As always, if you have any concerns about your child's wellbeing, please speak to your class teacher in the first instance.

They can discuss with you the options for accessing support.

Please also take a look at our school website Wellbeing page as we have a list of local and national support organisations.

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## Sports and Achievements

Our Year 6 girls are through to the East Devon finals once again!

Last Monday the team faced some great local competition at the Exmouth Schools Football Tournament held at Exmouth Community College.

Good luck for the next stage team! Well done, Brooke, Rae, Tilly, Tabby, Poppy, Pearl, Emily and Daisy!



## Multi Sports Festival



Some of our brilliant Year 2's recently took part in a multi sports festival at Exmouth Community College. Once there, they worked with other children from the learning community and some young leaders from ECC. The activities were yoga, dance and gymnastics based. They were superb!

Well done, Eddie, Blue, Louie, Freddie, Noah, Eben, Evie, Livvy, Libby, Daisy, Isla and Rafaella.

Your £10.00 gift, donated through Debit/Credit Card at 09:09 PM, will help give vulnerable animals the love and shelter they deserve.

Your donation reference number: 4wmm70j3

A confirmation email will pop up in your inbox shortly. It contains helpful links and ways for us to keep in touch. If for any reason you don't receive this email please [contact Customer Engagement Team](#).

We really appreciate you taking the time to help us save animals today.

Thank you from all of us at the RSPCA

Well done to Iris from Oak Class who asked for permission to sell her Harry Potter drawings at school last week. She made £10 for the RSPCA which we know they will put to great use caring for the shelter animals.



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February 2025

## Newsletter

Thursday  
20th Feb  
19:00 - 20:00  
FREE



**FREE SESSION**  
**Supporting Healthy Screen Use**  
A range of steps that can help minimise the harms from screens

Monday  
3rd Feb  
10:00 - 11:30  
£24



**Supporting a Child with ADHD**  
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday  
11th Feb  
19:00 - 20:30  
£24



**Facing Defiance**  
Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 5 to 12 years old.

Tuesday  
18th Feb  
19:00 - 20:30  
£24



**Cannabis & Ketamine Awareness**  
Get the facts and know the harms about these two drugs so you can hold an informed conversation with your teens.

Tuesday  
25th Feb  
19:00 - 20:30  
£24



**Understanding the Teenage Brain**  
A 'must see' for all parents and teachers of teens and pre-teens. Explains why teens think, feel and behave very differently from adults and how we can support them.

[facefamilyadvice.co.uk](http://facefamilyadvice.co.uk)

[info@facefamilyadvice.co.uk](mailto:info@facefamilyadvice.co.uk)

|                                   |                           |
|-----------------------------------|---------------------------|
| Understanding Anger               | 10 FEB 7pm                |
| Supporting Healthy Screen Use     | 11 FEB 10am               |
| Facing Defiance                   | 14 FEB 7pm                |
| Raising Self-Esteem               | 27 JAN 7pm<br>25 FEB 10am |
| Supporting Healthy Sleep          | 28 JAN 7pm<br>24 FEB 10am |
| Supporting a Child with ADHD      | 3 FEB 10am<br>3 MAR 7pm   |
| Improving Family Communication    | 3 FEB 7pm<br>4 MAR 10am   |
| AUTISM: Improving Communication   | 4 FEB 10am<br>4 MAR 7pm   |
| Understanding Addictive Behaviour | 4 FEB 7pm<br>3 MAR 10am   |
| Anxiety-Based School Avoidance    | 10 FEB 10am<br>10 MAR 7pm |
| What is ACT?                      | 17 FEB 10am<br>17 MAR 7pm |
| Introduction to OCD               | 17 FEB 7pm<br>18 MAR 10am |
| Anxiety Explained                 | 18 FEB 10am<br>18 MAR 7pm |
| Cannabis & Ketamine Awareness     | 18 FEB 7pm<br>17 MAR 10am |
| Decreasing Depression             | 24 FEB 7pm<br>25 MAR 10am |
| Understanding the Teenage Brain   | 25 FEB 7pm<br>24 MAR 10am |

**DROP-IN  
SPEECH,  
LANGUAGE &  
COMMUNICATION  
SESSION**

Katherine from the East Devon Family Hub will be visiting for a drop-in session about speech, language & communication.

Come and find out more about how children learn to talk or ask questions about any concerns you may have.

**THURSDAY 20TH FEBRUARY 2025**  
(During and after the Bounce & Rhyme sessions)

**10AM UNTIL 11.30AM**

**EXMOUTH LIBRARY,  
40 EXETER ROAD,  
EXMOUTH,  
EX8 1PS**

LOOK FORWARD TO SEEING YOU THERE!

Why not visit our Devon Family HUB website?



One Devon Advice & Guidance Line

0800 538 5458



**LD ACTIVE**

## FOOTBALL PARTIES

IF YOUR CHILD IS A  
FOOTBALL FANATIC  
THIS PARTY IS  
PERFECT !!!

INDOOR & OUTSIDE  
VENUE INCLUDED  
INFLATABLES  
16 - 20 CHILDREN  
GIFT & PRIZES

PLEASE GET IN TOUCH TO BOOK YOUR SPECIAL DAY

[LDACTIVE@OUTLOOK.COM](mailto:LDACTIVE@OUTLOOK.COM)  
07474072777

# Weekly School News Roundup



## Love Bugs Craft



Create your own Bug pencil topper

Monday 17<sup>th</sup> February

10.00-11.00

Exmouth Library



£6.50 per child ages 5-10

For bookings contact

[gerryccday@hotmail.co.uk](mailto:gerryccday@hotmail.co.uk)

All children must be accompanied by an adult



**SATURDAY 1<sup>ST</sup> FEBRUARY  
10AM - 12.30PM**

**EXMOUTH METHODIST CHURCH  
ROUNDHOUSE LANE EX8 3BZ**

**REPAIRERS IN THE CHURCH  
CAFÉ IN THE HALL**

**EXMOUTH IN BLOOM JOIN US IN THE HALL**



## Exmouth

Free cycle training sessions  
Friday 7<sup>th</sup> February



active devon

To book, head to [activedevon.org](http://activedevon.org)

### Free Cycle Training Sessions

to Help Adults with Cycling and Confidence

Devon is a fantastic county for cycling.

With such a variety of green and blue spaces to explore, our beautiful county has something for everyone.

If you'd like to be able to take your children out for bike rides but you need a refresher session to be more confident, head over to [activedevon.org](http://activedevon.org).

They are running free 1 hour sessions in Exmouth on 7<sup>th</sup> February.

There are also sessions in Exeter and other Devon locations.

Here is the booking link for Exmouth:

<https://calendly.com/cycletraining/24jan-duplicate?back=1&month=2025-02>

## HOLIDAY CAMP

EXETER UNIVERSITY (ST LUKE'S CAMPUS)

**WHAT TO EXPECT**

- Glow Sports
- Arts & Crafts
- Bubble Football
- Inflatable Games
- Bouncy Castles
- Swimming
- Sports & Team Games

**GOOD TO KNOW**

- 📅 Monday 17<sup>th</sup> - Friday 21<sup>st</sup> February
- ✓ Ages 5- 12
- 💰 £42.50 Day / £191.25 week (10% discount)
- 🕒 8:15am - 5:15pm (Ages 5 - 12)

Join us this February Half Term for an exciting programme with at least 6 activities each day.

More information 01392 984233  
Visit our website [sportystars.co.uk](http://sportystars.co.uk)

Accept tax free / childcare vouchers