

# Weekly School News Roundup

**Withycombe Raleigh  
C of E Primary School**

**Date:** 6<sup>th</sup> February 2026



Mrs Emma Jones, Headteacher  
Withycombe Village Road  
Exmouth, Devon, EX8 3BA

Please ring us on: (01395) 263397  
email: [admin@wrpschool.org](mailto:admin@wrpschool.org)  
website: [wrpschool.org](http://wrpschool.org)

## News from your Headteacher

The classrooms have been full of energy this week! In order that children can learn effectively staff ensure there are high expectations around behaviour in class. Our routines and expectations are driven by our school rules:



*(We had a competition in school and the children designed the images for each of the rules)*

We strive to ensure that every child is **ready** to learn and actively participate in lessons, you may have already heard the children or staff use the phrase **'100% ready'**? This phrase is a cue for an expectation that all children are ready to learn; it's been great to see the children showing they are ready by following routines, listening carefully, and trying their best. Staff employ a wide variety of strategies (known as 'Means of Participation') to ensure all children are comfortable and confident enough to participate fully in lessons. These have been a key focus this term.

On the next page we have shared photos from some of the amazing learning in school this week.

## Staff Car Park

A reminder that the staff car park is not to be used by parents to drop off children to school. The car park is exclusively for staff use; staff have allocated parking spaces and are required to contribute financially for this. We have had several occasions in the past week where staff have been unable to park as parents had taken their space, this has caused unnecessary stress for staff, and risks staff being late to class. **We politely request that parents do not use the staff carpark under any circumstances.**

Please also be conscious about not blocking the school gate when dropping off and collecting; it is not safe or acceptable to park or stop on the yellow lines.

Have a good weekend,  
Mrs E Jones, Headteacher

## Contact Us:

Tel No: 01395 263397, or email us on [admin@wrpschool.org](mailto:admin@wrpschool.org).  
For other contact information please refer to our school website.

The Admin Team is currently: **Miss Wilson** our Senior Administrator, with temporary absence cover being provided part time by: **Sarah Smart** (our Communications Officer) on Monday-Wednesday and **Janine Meecham** (Clerk to the School Governors) in the mornings on Thursdays and Fridays. Thank you for your continued patience while the admin office is short-staffed.



Growing

Happy

Caring

Hearts

and

Minds



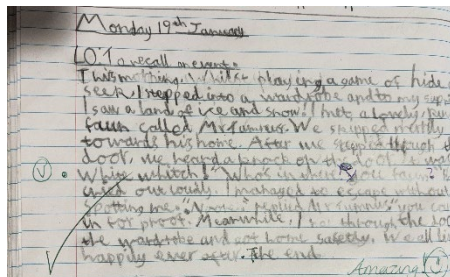
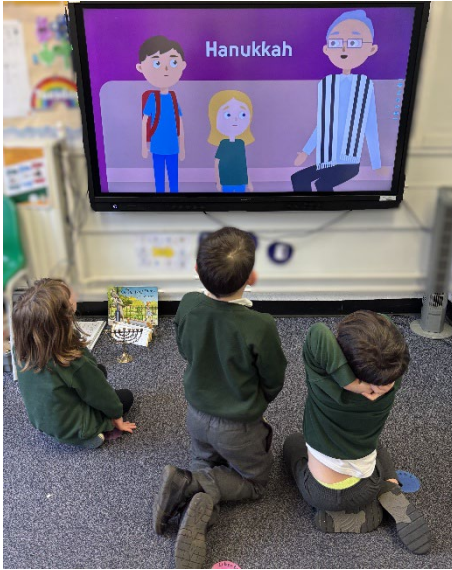


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## Some of the brilliant learning in school this week

Here are some examples of some of the wonderful learning that has been going on this week:

- \* Year 1: RE - Learning about the Jewish Festival Hannukah.
- \* Year 2: Music - Making use of the PTFA funded Glockenspiels. Starting to read music notation.
- \* Year 3 and 4: English - Some amazing writing linked to their class texts.
- \* Year 5: Art - Painting and mixed media. Some fabulous examples of sketch book work.
- \* Year 6: PE - Netball skills.



This morning whilst playing a game of hide and seek, I stepped into a wardrobe and to my surprise I saw a land of ice and snow! I met a lovely, kind faun called Mr Tummus. We skipped merrily towards his home. After we stepped through the door, we heard a knock on the door. It was a white witch! 'Who's in there? You faun?' she cried out loudly. I managed to escape without her spotting me. 'No-one!' replied Mr Tummus, 'You can come in for proof'. Meanwhile I ran through the door of the wardrobe and got home safely. We all loved happily ever after. The End.





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## Wellbeing Update

**Children's Mental Health Week, 9<sup>th</sup> - 15<sup>th</sup> February 2026**



Children's Mental Health Week is dedicated to highlighting the importance of mental health within children and young people. At Withycombe Raleigh we mark this important week with an Assembly dedicated to children's mental health awareness.

On Monday 9<sup>th</sup> February our 11 Mental Health Ambassadors (MHAs) and Mrs L Jones, our Wellbeing TA, will run the assembly for the whole school. This year the dedicated Assembly will be on the topic of:

## The Zones of Regulation

Zones of Regulation is an internationally adopted approach used to teach us how to regulate feelings, energy and behaviour. It has been adopted in at least 40 countries worldwide. 'Zones' are colour-coded categories used to help us identify and describe our current emotional state and level of alertness.

<b>Sad</b> <b>Tired</b> <b>Bored</b> <i>I am Moving Slowly</i>	<b>Happy</b> <b>Calm</b> <b>I am Ready</b> <i>I am Focused</i>	<b>Excited</b> <b>Frustrated</b> <b>Worried</b> <i>I might lose control</i>	<b>Angry</b> <b>Scared</b> <b>Unsafe</b> <i>I am out of control</i>
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'Regulation' means strategies and tools used to help manage emotions and the level of alertness for a specific situation. During the week our classes will have the opportunity to look at the Zones of Regulation, and children will have time to think about and identify their own ways to help themselves regulate.



Children's Mental Health Week was originally established by Place2Be, a children's mental health charity. Their website has lots of resources which is aimed at helping you and your children. If you would like to explore their website, please click on this link. <https://www.place2be.org.uk>

Our school website has links to a wealth of resources, including where to turn if your child is in crisis and needs urgent help. Please visit our dedicated Wellbeing Page:

**<https://www.wrpschool.org/wellbeing-2026>**

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## A Joyous Street Art Study for Year 6

On Monday the PTFA very kindly covered the cost of a visit to Year 6 by local street artist Garf. Despite being retired, we managed convince him to come and talk to Year 6 about his fabulous work! He spent the afternoon showing the children photos and videos, explaining how he comes up with his designs which are **motivated by spreading joy**.

He taught them about the techniques he employs to create perspective with different coloured paint, how he uses card to create templates for spraying, and how he creates a grid in order to scale up his designs for his larger installations. The children were fascinated and asked some great questions! Motivated and inspired, the children started to design their own wall mural designs which they will be working on for the rest of the project.

On Wednesday Year 6 walked into Exmouth town and followed a **mystery trail** map, to try and locate 14 of Garf's artworks. What we didn't know was that Garf had been so impressed with the children's **'happiness and enthusiasm' in class**, that he decided to turn up and surprise them on the walk too!

He then spent some time talking about Nancy-Ann (IYKYK!) and responding to very excited children.

It's been a really lovely arty week, the benefits of which cannot be underestimated. A huge thank you to everyone who helps to raise money for the PTFA - our WOW start to the project would not have been possible without their funding. Thanks also to the parents who volunteered to walk with us on Wednesday – we hope you enjoyed the experience as much as we did!

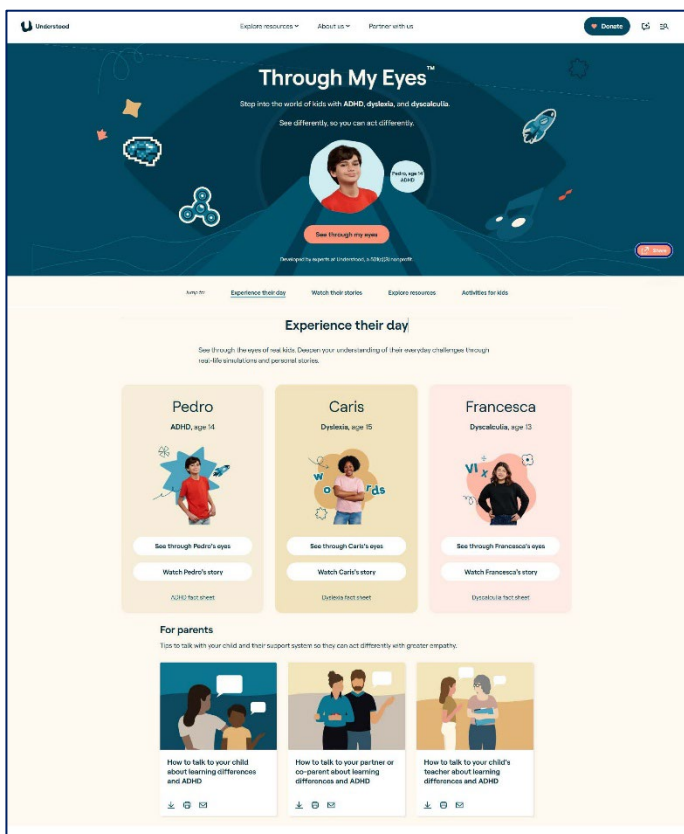


Garf is well known in the area for his street art – also affectionately known as Exmouth's Banksy! From a background in design, advertising, and illustration, Garf is now pursuing a street art/mural career, enjoying the visibility of public art. This experience proved that creations don't have to be in a gallery to be considered *Art* – we are surrounded by art if we choose to look for it.

Next time you're in Exmouth (or Exeter where he also has significant works), look out for other pieces of art by Garf!



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## ‘Through My Eyes’

A great resource from [Understood.com](https://www.understood.org/en/through-my-eyes);  
<https://www.understood.org/en/through-my-eyes>

There's a great online resource available for anyone who wishes to understand more about life with ADHD, Dyslexia and Dyscalculia. There are sections where you can see 'through their eyes', and you can watch short videos as they explain their life experience.

There are sections for parents, and educators, and we have shared this in school for our staff, too.

This is an American site but the experience of life with these diagnoses doesn't discriminate! The children featured present really well and are very relatable, so your ADHD child (whether they're formally diagnosed, or questioning) might feel less alone with their challenges after seeing children like Pedro explaining how they experience their day. If you have children at home, or other friends and family with these diagnoses, you could explore this website with them.

## Sports and Achievements



Rohan from Oak Class was awarded player of the session in after school Basketball Club with LD Active!

If you have some news about sports or achievements from outside of school that you'd like us to share, please email us a photo and a brief explanation to [admin@wrpschool.org](mailto:admin@wrpschool.org)

# HOLIDAY CAMP

**BOOK ONLINE**

**ACTIVITIES**

- Inflatables
- Football
- Dodgeball
- Basketball
- Nature adventure
- Arts & Crafts
- Board games

**Fun Active Engaging**

**Develop Social & Life Skills**

**FIND US**

**BOOK VIA LINK, or EMAIL**  
[LDACTIVE@OUTLOOK.COM](mailto:LDACTIVE@OUTLOOK.COM)



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Winning the gold medal for children's sports classes

We take what children love to do the most (running super fast, jumping high and throwing far) and mix it with imaginative themes, learning to follow instructions, making friends, developing skills and burning energy!



**Teeny Athletes**  
Walking - 2 Years

**Didee Athletes**  
2 - 3½ Years



**Little Athletes**  
3½ - 5 Years



**Mini Athletes**  
5 - 7 Years



**Your local weekly classes:**

**Taunton  
Exeter**

**Saturdays  
Sundays**

Contact: **Amy Meyer**

ameyer@miniathletics.com 07725696918



[www.miniathletics.com](http://www.miniathletics.com)

**OPEN DOOR**  
Community Café

## SCHOOL HOLIDAY SUPPORT AT OPEN DOOR EXMOUTH

Starting this February Half Term, Open Door is introducing a new, simpler way for families to access support during school holidays at their Community Café, Church Street, Exmouth.

### FREE MEALS FOR CHILDREN & YOUNG PEOPLE

All children under 18 can enjoy a free meal during the school holidays on Mondays, Wednesdays, or Fridays. Simply choose from our school holiday menu and pick either breakfast (served until 11:30am) or lunch (served from 11:30am to 1:30pm).



### A WELCOMING SPACE FOR ADULTS



We are more than just a café - we are a community. Parents are more than welcome to relax in a warm stigma-free environment. Access to further support is available should you need it.

**For more info: Email [info@opendoorexmouth.org.uk](mailto:info@opendoorexmouth.org.uk) or call 01395 224218**

Open Door Exmouth Charity Number: 1094599

[www.opendoorexmouth.org.uk](http://www.opendoorexmouth.org.uk)

## FEBRUARY HALF TERM ACTIVITY CAMPS

£15  
PER DAY



**EXETER ROAD,  
EXMOUTH  
EX8 1PU**

**16<sup>TH</sup> & 17<sup>TH</sup> FEBRUARY  
10AM - 2PM**

**SPORTS, CRAFTS  
& GAMES**

**LUNCH INCLUDED**



**5-13 YEARS**



**BOOK TODAY AT  
[HTTPS://TINYURL.COM/MRX8NSJH](https://tinyurl.com/mrx8nsjh)  
OR SCAN THE QR CODE.**

**\*\*FULLY  
FUNDED**

**\*\*FOR THOSE ON BENEFIT  
RELATED FREE SCHOOL MEALS**



## Mufti Day

**Friday 13<sup>th</sup> February**

**Suggested donation  
£1 (paid on ParentPay)**